



NaRS Emergency First Aid at Work

Aim

The aim of the EFAW is to enable a candidate to be able to act as an appointed person to take charge of the first aid arrangements, including looking after the equipment and facilities and calling the Emergency Medical Services when required. From October 2009 HSE will approve the EFAW as a First Aider qualification.

Pre-requisites

The candidate must be 13 years of age or older.

Validity of Award

36 Months.

Length of Course

Training courses, including final assessment, must last at least 6 contact hours.

Course Information

On completion of training, successful candidates should be able to:

- Understand the role of the first aider including reference to:
 - ◇ The importance of preventing cross infection;
 - ◇ The need for recording incidents and actions;
 - ◇ Use of available equipment;
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- Administer first aid to a casualty who is unconscious (including seizure);
- Administer cardiopulmonary resuscitation;
- Administer first aid to a casualty who is choking;
- Administer first aid to a casualty who is wounded and bleeding;
- Administer first aid to a casualty who is suffering from shock; provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters).

Assessment

The qualification is assessed as set out below:

- Continual assessment by the tutor;
- Completion of the Final Worksheet to the satisfaction of the course tutor.