



NaRS Immediate Aid

Aim

The aims of the Immediate Aid Certificate are twofold:

- 1.** To enable a candidate to be able to act as an appointed person to take charge of the first aid arrangements, including looking after the equipment and facilities and calling the Emergency Medical Services when required.
- 2.** To deal with emergency incidents that may arise whilst coaching or supervising children.

Pre-requisites

The candidate must be 13 years of age or over.

Validity of Award

36 Months.

Length of Course

Training courses, including final assessment, must last at least 4 contact hours (where candidates have not undertaken prior reading and completed the 3 worksheets prior to the course then the minimum contact time will be 6 hours).

Course Information

The course syllabus, in addition to dealing with incidents that may arise whilst coaching or supervising children, covers the following as laid down by the Health & Safety (First Aid) Regulations 1981:

- What to do in an emergency;
- Cardio-pulmonary resuscitation;
- First aid for the unconscious casualty;
- First aid for the wounded or bleeding;
- First aid equipment;
- Employers risk assessment of first aid needs.

Assessment

The qualification is assessed as set out below:

- Continual assessment by the tutor;
- Completion of the end of course worksheet to the satisfaction of the course tutor.