

S.M.A.R.T. First aid Training

Professionals in delivering First Aid



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Paediatric First Aid Foundation

Aim

The Paediatric First Aid Foundation (PFAF) course is designed for parents, and people who work with children in the absence of their parents. As a Teacher you will be giving the course candidates knowledge on first aid, and dealing with emergency situations when in the care of children.

Pre-requisites

Be at least 13 years of age at time of examination.

Validity of Award

36 Months.

Length of Course

Training courses, including final assessment, should last at least 6 contact hours.

Course Information

At the end of this course the candidate will be able to:

- Make an emergency plan specific to the context they are working in;
- Deal with basic first aid emergencies with babies and children;
- Perform resuscitation on young children, babies and adults;
- Recognise and deal with shock in young children and babies;
- Be aware of:
 - ◇ Electric shock in babies and young children;
 - ◇ Internal and external bleeding in babies and young children;
 - ◇ Burns and scalds relating to young children;
 - ◇ Choking in adults, children and babies;
 - ◇ Broken bones (suspected fractures) in babies and young children;
 - ◇ Spinal injuries in babies and children;
 - ◇ Head injuries in babies and children;
 - ◇ Cases of poisoning in young children and babies;
 - ◇ Bites and stings in babies and children;
 - ◇ Foreign bodies in eyes, ears and noses of children and babies;
 - ◇ Eye injuries in babies and children;
 - ◇ Effects of temperature extremes (hot and cold);
 - ◇ Febrile convulsions in babies and young children;
- Be aware of and recognise meningitis;
- Be aware of and recognise anaphylactic shock;
- Care for children who become unwell until they can be collected by parents;
- Know the appropriate contents of a first aid kit to use with babies, children and adults;
- Keep records of accidents and incidents that need recording.

Assessment

The qualification is assessed as set out below:

- Continual assessment by the tutor;
- Complete an 8 question multiple-task worksheet, with a pass mark of 6;
- Demonstrating the ability to carry out CPR on an adult, child and baby manikin;
- Demonstrating the ability to carry out first aid for an unconscious casualty.